

## VISUAL AND EMOTIONAL APPROACH IN SOCIAL MEDIA COVID-19 CANCER POSTS

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### ABSTRACT

The present research is about social medial posts about cancer. Model of Morin and Renvoise (2018) was applied to get results by mixed methodology. The places of this explaining study were to depict cell breakdown in the lungs patients by age at conclusion, smoking status, and histology and, in like manner to examine the histologic sub-type according to cigarette smoking, in a tertiarycare setting. Patients and systems: A survey study of web-based entertainment posts by disease patients for whom smoking status was open in the records was finished at a broad illness care office, the Shaukat Khanum Recognition Threatening Development Medical clinic and Investigation Center, organized in Lahore, Pakistan. Like different populaces, the time of sickness starting among females was lower than that tracked down in folks. The degree of smokers was higher amongst folks versus females. The reversal of smoker to non-smoker extent when portrayed by direction, may feature the meaning of exploring substitute pathways entangled in the etiology of cell breakdown in the lungs in our general population.

**Keywords:** Social media Posts about cancer, smoking status, histopathological, diagnosis Shaukat Khanum Pakistan

### INTRODUCTION

Pakistan is the fifth most transcontinental country on earth with a normal people of more than 210 million arranged in South Central Asia between the Himalayas and Bedouin Sound. It has a populace thickness of 262 for each km<sup>3</sup> with 12 significant metropolitan urban communities. Albeit every one of these 11 urban areas has a populace of in excess of 10 million, just 37.4% of the all out populace lives in metropolitan regions. Evaluating for Cellular breakdown in the lungs

Questions to grasp disease analysis;

1. What kind of malignant/ cancer growth was there?
2. Where is the malignant cancer growth found?
3. What is the phase of this disease?
4. What do determination and stage mean?

5. What are treatment choices?
6. What are the gamble factors for this illness?
7. Is this sort of malignant growth brought about by hereditary elements?

Hassan Shahryar Sheikh (2022) described as the Pakistan Disease Control Undertaking started by the WHO central individual ordered Pakistan as a low degree of asset circumstance. The Public Action Plan for Non-Adaptable Disorders in 2002 perceived screening and early acknowledgment of dangerous development as one of its need districts while raising that owing to existing resource lack and breaking point gives no customary screening or early area program could be begun at a public level. 15 Spotlight on social correspondence techniques, observing and control of possible dangers from modern settings, limit constructing, and proceeded with clinical

schooling of the medical care suppliers were distinguished as the fundamental components of hazard relief system for all tumors, including cellular breakdown in the lungs. Coincidentally, in the cost for-organization private clinical consideration settings, low-segment figured tomography (CT) chest checks are open for the ultimate objective of assessing for high-risk masses as per the watchfulness of the practicing specialist locally.

### **Determination**

There are no great examinations accessible to uncover information on the current demonstrative and the executives approaches for cellular breakdown in the lungs in Pakistan. Without any an essential consideration reference framework, absence of multidisciplinary group gatherings (MDTs) at most offices, and overcapacity at general medical services frameworks, symptomatic workup of a thought patient with cellular breakdown in the lungs changes broadly relying upon the medical care setting, accessible mastery, and phase of the illness at show. Consequently, there is an enormous uniqueness in the guidelines of care that exists in the public authority run general medical services offices and confidential medical services arrangements. A larger part of patients present at a high level phase of the sickness inferable from a few reasons. Significant variables in such manner are absence of admittance to appropriate symptomatic administrations, defers in opportune arrangement of the administrations, and postpones in the finding of cellular breakdown in the lungs. Owing to the high inescapability of tuberculosis, misdiagnosis and trial treatment with antagonistic to tuberculous treatment is completely expected and prompts all in all and treatment. Chest radiograph and CT chest with contrast are most often available at by and large open and private-run workplaces and go about as the example easy imaging modalities for most of the patients. Positron spread tomography-CT channel is open at two or three select tertiary thought networks in the country, and several patients can help this assistance.

Hassan Shahryar Sheikh (2022) told as concerning pathologic finding, an enormous piece of the patients in the public plans simply get a morphologic review. Before long, resistant histochemistry testing is routinely available in most of the classified examination communities. Sub-nuclear testing is confined to EGFR changes and ALK modifications

and is available at two or three confidential examination habitats not open to most of the patients inferable from cost issues.

Cutting edge sequencing for wide testing board isn't as of now accessible in Pakistan; nonetheless, it tends to be proceeded as a conveyed test abroad through outsider sellers at the carefulness of the treating oncologist.

### **2-Careful Administration (surgical)**

Hassan Shahryar Sheikh (2022) discussed as a huge piece of the patients present with state of the art stage disorder, restorative cautious resection expects an uncommonly confined part in the organization of cell breakdown in the lungs. Furthermore, authority in thoracic oncologic operation is confined to tertiary thought natural surroundings in Pakistan. In one enormous review study from a tertiary consideration community, just 2.3% of the patients with cellular breakdown in the lungs were considered respectable and went through corrective medical procedure at the hour of starting presentation.<sup>16</sup> comparatively, organizing mediastino scopy was acted in just roughly 2.8% of patients. By the by, video-helped thoraco scopic medical procedure and exploratory thoracotomy for tissue biopsy and wedge resection are performed regularly for analytic purposes, when suitable, in un resettable and high level cases.

**3-In Radiation Treatment and Framework in Pakistan,** radiotherapy is utilized in the therapy of cellular breakdown in the lungs across all stages both in corrective and palliative settings.<sup>17</sup> In stage I cellular breakdown in the lungs, it tends to be utilized with remedial plan with stereotactic ablative radiotherapy. It can likewise be utilized as healing therapy in patients with stage II and III cellular breakdowns in the lungs particularly for patients with clinical co-morbidities blocking a medical procedure or for unresectable tumors.<sup>18</sup> Radiotherapy is likewise most frequently utilized in stage 4 cellular breakdown in the lungs to control side effects emerging from metastatic illness or the essential site.<sup>19</sup> As of now, there are a sum of 27 disease communities across Pakistan offering radiotherapy for therapy of lung cancer.<sup>20</sup> There is an enormous variety in the scope of radiotherapy administrations presented across these focuses from 2D to 3D conformal radiotherapy methods to current and complex radiotherapy procedures including power regulated radiotherapy (IMRT), volumetric curve

treatment (VMAT), and stereotactic ablative radiotherapy. Digital blade/gamma blade is additionally presented in not many malignant growth places in Pakistan.

### **Fundamental Treatment for Cutting edge Stage Infection**

Not all chemotherapeutic specialists supported by best practice agreement rules are presently accessible in Pakistan. The overwhelming majority of the expense of fundamental treatment is a result of pocket by the patients paying little mind to public or confidential setting. Government-run public health care coverage drives cover just the expense of hospitalization. The information propose that these advantages are not as expected benefited attributable to low protection education among the recipients and absence of empaneled private providers.<sup>23</sup> Moreover, the entrance of private protection remains exceptionally low in the Pakistani population.<sup>23</sup> In this way, decision and length of foundational treatment are reliant vigorously on the singular's reasonableness and admittance to remedial specialists in both the private and general medical care arrangements. In such manner, an enormous divergence, intelligent of pay disparity, exists in the norm of care going from the best in-class foundational treatment utilizing imported medications to contemptible powerlessness to bear the cost of any significant treatment whatsoever. According to Hassan Shahryar Sheikh (2022) this has prompted proportioning of medical care administrations at specific wellbeing frameworks, for instance, a huge cause based thorough disease emergency clinic believe that fills in as a significant reference place to an enormous populace of Pakistan created institutional rules utilizing a money saving advantage way to deal with treat more youthful and possibly reparable patients with accessible nonexclusive chemotherapy and radiotherapy while dispensing the greater part of more established patients and patients with cutting edge malignant growth to palliative treatment alone.<sup>25</sup> Perceptions of local area practice illuminate that taxane-based platinum doublet is liked over pemetrexed in which cost turns into a significant issue.

### **LITERATURE REVIEW**

1- In the examination paper of Characteristics of Cell breakdown in the lungs Patients-the Shaukat Khanum Devotion Experience. In hypothetical objectives: The places of this hypnotizing survey were to depict cell breakdown in the lungs patients by age at conclusion, smoking status, and histology and, moreover to examine the histologic sub-type according to cigarette smoking, in a tertiary consideration setting. Patients and strategies: A survey review of 830 patients for whom smoking status was open in the records was finished at an exhaustive dangerous development care office, the Shaukat Khanum Recognition Illness Emergency clinic and Investigation Center, organized in Lahore, Pakistan. In results: The mean age at show of the 830 evaluable cases was 59.8 years (standard deviation 11.8, region 18-90). Depicting by direction, quantifiably gigantic differentiations were tracked down in the ordinary age at end between folks (60.1 years) and females (57.5 years) and, in the assignments of non-smokers, current smokers, and ex-smokers, yet none for histology. Like different populaces, the time of ailment starting among females was lower than that tracked down in folks. The degree of smokers was higher among folks versus females. The reversal of smoker to non-smoker extent when isolated by direction, may feature the meaning of examining substitute pathways caught in the etiology of cell breakdown in the lungs in our general population. Expressions Cell breakdown in the lungs smoking status histopathological end Pakistan.

2- About the study of disease transmission of cellular breakdown in the lungs in Pakistani patients - our involvement with Shaukat Khanum Commemoration Malignant growth Emergency clinic and Exploration Center [SKMCH and RC] Cellular breakdown in the lungs is one of the most normally happening harm on the planet. In most evolved nations, demise rate because of all malignancies with the exception of cellular breakdown in the lungs, have shown a decrease over the most recent 20 years. During this period, passing rate because of cellular breakdown in the lungs showed an increment. As of late there is a declining pattern. In the emerging nations like Pakistan, Notwithstanding, demise rate because of cellular breakdown in the lungs keep on speeding up. The genuine rate of cellular breakdown in the lungs

isn't known in that frame of mind to absence of accessible information. As of late gathered information from SKMCH and RC growth vault shows cap it represents <10% of the diseases arranged at our establishment. A review examination of 182 determined patients to have long disease at SKMCH was directed.

3- Cellular breakdown in the lungs is the main disease around the world; in rate as well as in malignant growth related demise, with roughly 1.2 million cases analyzed overall and 18% of disease passing connected with lung cancer.<sup>1,2</sup> In the US, cellular breakdown in the lungs kills a greater number of individuals than the 3 most normal tumors, in particular bosom, prostate, and colon. Nonetheless, Jazieh, (2010) the cellular breakdown in the lungs pandemic isn't restricted to created nations. Agricultural nations are likewise seeing an expanded cellular breakdown in the lungs trouble due to the expanded predominance of the primary gamble factor: tobacco use.<sup>3,4</sup> Cellular breakdown in the lungs fluctuates in rate. Accessible information demonstrates that cellular breakdown in the lungs is on the ascent in numerous nations and that its wellbeing cost will mirror, and even might surpass, that of Western nations in the event that tobacco control isn't as expected.

4- In the article as Impacts of Activity Preparing in Patients with Cellular breakdown in the lungs during Chemotherapy Treatment. Malignant growth is the second most prominent reason for death and handicap after cardiovascular infection.

Objective was to conclude the effects of action planning in patients with cell breakdown in the lungs during chemotherapy treatment. In Methods, a randomized clinical primer was coordinated in Shaukat Khanum Recognition Dangerous development Crisis facility and Association of Radiotherapy and Nuclear Drug (IRNUM) Peshawar. An amount of 40 individuals were randomly segregated into two social events: I) the Preliminary bundle (EG, n = 20) and ii) Control pack (CG, n = 20). The two get-togethers got work on planning for a long while, with five gatherings every week. The EG got pneumonic reclamation and oxygen consuming planning. The CG got simply pneumonic recuperation. The two get-togethers were evaluated at standard and keeping a month and a half through Cautious Thought Care Scale (MAAS) Urdu

variation, Brief Walk Test (6MWT), modernized spirometry, Borgs scale, Facility Disquiet and Distress Scale (HADs) and Visual Straightforward Scale (VAS). Toward the end, this study assumed that pneumonic recuperation close by high-influence planning can be more practical than aspiratory reclamation alone for patients with cell breakdown in the lungs during chemotherapy treatment

5- In Lung Cancer in Pakistan

The investigation of illness transmission. Pakistan is the fifth most long distance country in the world with a normal people of in excess of 208 million arranged in South Central Asia between the Himalayas and Center Eastern Channel. It has a general population thickness of 261 for each km<sup>3</sup> with 10 critical metropolitan networks. Though all of these 10 metropolitan networks has a general population of something different than 10 million, only 36.5% of the hard and fast people lives in metropolitan locales. Definitely, it contains four regions and government capital area as displayed in.

There are no excellent examinations accessible to uncover information on the current demonstrative and the executives approaches for cellular breakdown in the lungs in Pakistan. Without any a essential consideration reference framework, absence of multidisciplinary group gatherings (MDTs) at most offices, and overcapacity at general medical services frameworks, indicative workup of a thought patient with cellular breakdown in the lungs shifts generally.

#### **Radiation Treatment and Foundation in Pakistan.**

Radiotherapy is used in the treatment of cell breakdown in the lungs across all stages both in restorative and palliative settings.<sup>17</sup> In stage I cell breakdown in the lungs, it might be used with recuperating objective with stereotactic ablative radiotherapy. It can moreover be used as healing treatment in patients with stage II and III cell breakdowns in the lungs especially for patients with clinical co-morbidities hindering an operation or for unresectable tumors.<sup>18</sup> Radiotherapy is similarly most often used in stage 4 cell breakdowns in the lungs to control secondary effects rising up out of metastatic disorder or the fundamental site.<sup>19</sup> At this point, there are an amount of 27 harmful development living spaces across Pakistan offering radiotherapy for treatment of lung cancer.<sup>20</sup> There is

an enormous assortment in the extent of radiotherapy organizations introduced across these concentrations from 2D to 3D conformal radiotherapy techniques to current and complex radiotherapy strategies including power controlled radiotherapy (IMRT), volumetric bend therapy (VMAT), and stereotactic ablative radiotherapy. Advanced cutting edge/gamma cutting edge is moreover introduced in relatively few sickness environments in Pakistan.

**METHODOLOGY**

The researchers had collected data from face book posts to analyze and got results. Mixed methodology was applied. Morin and Renvoise (2018) model stimuli regarding visual and emotional approach was applied on various posts on Facebook regarding cancer treatment and feelings of patients and their families.

**ANNALYSIS AND RESULTS**

**World Health Organization (WHO) posted on March 16 2022 as**

‘Cancer is one of the world’s leading causes of death Malignant growth is one of the world's driving reasons for death - representing almost 10 million passing in 2020 - in spite of the way that all diseases can be dealt with and many can be forestalled or relieved. The most widely recognized diseases are: bosom, lung, colorectal, prostate and stomach’.

**Figure 1**

*World Health Organization (WHO) posted on March 16 2022*



**American Cancer Society** posted on June 13

“10 weeks since Anna Kate's last chemo session, and we wish we could say she's cancer-free, but it's not that simple. She is in remission. She won't be considered cancer-free until she has three years of clear scans. Over the next two years, she'll undergo CT scans every three months, and two scans in her third year. This means that scanxiety is a very real thing for her. Her post-cancer body also likes to play tricks on her, and it's undoubtedly frightening. It's important to remember that the cancer survivor's journey doesn't end with the last chemo session or clear scan. The fear and anxiety can linger for years to come, and physical symptoms may still show up from time to time.

"10 weeks since Anna Kate's last chemo meeting, and we want to say she's malignant growth free, yet all at once it is quite difficult. She is going away. She won't be viewed as malignant growth free until she has three years of clear sweeps. Over the course of the following two years, she'll go through CT examines like clockwork, and two outputs in her third year. This implies that scanxiety is something undeniable for her. Her post-malignant growth body additionally prefers to pull pranks on her, and it's without a doubt terrifying. It's memorable's vital that the malignant growth survivor's process doesn't end with the last chemo meeting or clear output. The apprehension and tension can wait into the indefinite future, and actual side effects might in any case appear now and again.

**Figure 2**

*American Cancer Society posted on June 13, 2021*



**American Cancer Society** posted on March 23

"It has been almost exactly a year since I found out I had cancer. Although, at the time I had no idea of the extent of my cancer. I just had this hard spot on my abdomen, which they told me was cancer. So they just need to remove it, and I'll be good, right? No. It was most definitely not that simple. My oncologist confirmed what I thought about my last scan: I AM CANCER FREE! It really is a blessing, and at the same time I find it hard to accept. I still worry that there is microscopic cancer in my body that will just show up one day. That fear will stick with me forever. All I can do is focus on TODAY, because tomorrow is not promised. This moment right now is what is important. And right now, I am cancer free!" – Mary

"It has been precisely a year since I figured out I had malignant growth. Despite the fact that, at the time I had no clue about the degree of my disease. I just had this hard right on the money my midsection, which they told me was disease. So they simply have to eliminate it, and I'll be great, isn't that so? No. It was without a doubt not unreasonably straightforward. My oncologist affirmed my opinion on my last output: I'm Malignant growth FREE! It truly is a gift, and simultaneously I find it hard to acknowledge. I actually stress that there is tiny disease in my body that will simply appear one day. That dread will stay with me until the end of time. The best anyone can hope for at this point is to zero in on TODAY, since tomorrow isn't guaranteed. This second right presently is significant. Furthermore, this moment, I'm sans disease! "

**Figure 3**

*American Cancer Society posted on March 23*



**Pancreatic Cancer Action Network** posted on May 13 as Ring that bell!

Staci Jennings shares about her mom, "SHE DID IT! Today, my mom got to ring the bell because she kicked cancer! 215 days ago my mom was diagnosed with stage 2 pancreatic cancer. The moment I got the call that they found a mass on her pancreas, my whole world stopped. She was living with extreme pain in her back that nobody could figure out why. She went to 2 urgent cares and 4 emergency rooms before they finally agreed to do a full body scan. She did 10 chemo sessions and had the Whipple Procedure done. My mom is the strongest woman I know. Throughout this whole process, she remained so positive and fought so hard. I'm so proud of my mom for never giving up!" Send some Pan CAN love to Staci and her mom in the comments below!

"It has been precisely a year since I figured out I had malignant growth. Despite the fact that, at the time I had no clue about the degree of my disease. I just had this hard right on the money my midsection, which they told me was disease. So they simply have to eliminate it, and I'll be great, isn't that so? No. It was without a doubt not unreasonably straightforward. My oncologist affirmed my opinion on my last output: I'm Malignant growth FREE! It truly is a gift, and simultaneously I find it hard to acknowledge. I actually stress that there is tiny disease in my body that will simply appear one day. That dread will stay with me until the end of time. The best anyone can hope for at this point is to zero in on TODAY, since tomorrow isn't guaranteed. This second right presently is significant. Furthermore, this moment, I'm sans disease! "

**Figure 4**

*Pancreatic Cancer Action Network posted on May 13, 2021*



**Stand Up To Cancer posted on August 8 at 9:00 PM** as "Becoming a cancer survivor is the best thing that ever happened to me because now, I can help create a future where no child ever has to endure what I went through and lose part of their childhood." Emily Whitehead was diagnosed with acute lymphoblastic leukemia (ALL) at age five. In 2012, she became the first child in the world to receive CAR T-cell therapy in a breakthrough clinical trial. To Cancer-funded researchers leveraged the success of Emily's trial, and their work contributed to U.S. FDA approval for the same treatment she received, allowing many more kids with ALL to become survivors! Today, thanks to innovative cancer research, Emily is 11 years cancer free and headed to college. Hear more about Emily's inspiring story during the SU2C Telecast on Saturday, August 19th at 8pm ET and PT / 7pm CT, and learn more at [StandUpToCancer.org](http://StandUpToCancer.org).

**Figure 5**

*Stand Up To Cancer August 8 at 9:00 PM St. Baldrick's Foundation*



**Shaukat Khanum Memorial Cancer Hospital and Research Centre posted on 11h**

Watch a special episode of 'BOL News' with Dr Muhammed Aasim Yusuf, CMO, SKMCH&RC, as he discusses how SKMCH and Research Centre is leading the way in delivering cutting-edge cancer care in Pakistan. Donate now and help us complete Pakistan's third and largest SKH, Karachi: [shaukatkhanum.org.pk/skmch-karachi](http://shaukatkhanum.org.pk/skmch-karachi). #SKMCH #cancercare #PakistanHealthcare

Watch an extraordinary episode of 'BOL News' with Dr Muhammed Aasim Yusuf, CMO, SKMCH&RC, as he examines how Shaukat Khanum Dedication Disease Clinic and Exploration Center is driving the manner in which in conveying state of the art malignant growth care in Pakistan. Give now and assist us with finishing Pakistan's third and biggest Shaukat Khanum Clinic, Karachi:

**Figure 6**  
 World Health Organization (WHO) is sharing a COVID-19 Update



SKMCH and Research Centre posted as 'Since opening in 1994, Shaukat Khanum Remembrance Disease Clinic and Exploration Center, has come to be prepared to present earnestly. It was posted on Page · Nonprofit organization Of Shaukat Khanum Memorial Trust is responsible for this Page.' 'Watch a special episode of 'BOL News' with Dr Muhammed Aasim Yusuf, CMO, SKMCH&RC, 'Huzaifa was an extremely active child who enjoyed sports. Huzaifa's hand became unresponsive one day, and after visiting a nearby hospital, we discovered he had cancer. Someone then referred us, where the doctor gave us hope for possible treatment. - Huzaifa's Mother to help children like Huziafa dream again, pledge to sponsor the complete or partial treatment of a cancer patient at SKMCH&RC.

This latest machine will allow us to treat our deserving cancer patients with more targeted radiotherapy, resulting in greater precision and reduced side effects risk. This latest machine will allow us to treat our deserving cancer patients with more targeted radiotherapy, resulting in greater precision and reduced side effects risk. The Halcyon

is six times faster than conventional LINACs, meaning that each treatment lasts only about a minute, so more patients can be treated in the same amount of time. The shorter time spent on the machine, its wider bore and integrated ambient lighting all result in a more comfortable and satisfying patient experience. Halcyon's state-of-the-art six-point safety system allows closer monitoring of the patient throughout treatment, enhancing patient safety.

**Figure 7**  
 Dr Joe Dispenza - OFFICIAL NEWS & FAN PAGE



**Dr Joe Dispenza - OFFICIAL NEWS & FAN PAGE**

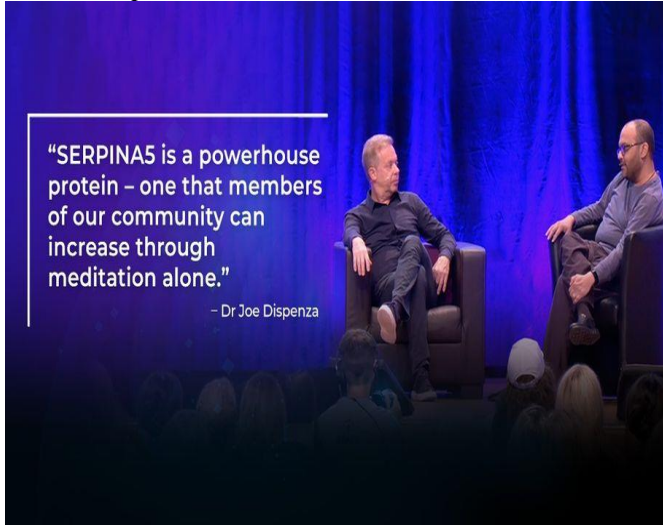
This is a pivotal moment in scientific research history.

Our paper, "Meditation-induced blood borne factors as an adjuvant treatment to COVID-19 disease" was just accepted for publication in Brain, Behavior, and Immunity-Health – an open-access journal.



**Figure 8**

Dr Joe Dispenza - OFFICIAL NEWS & FAN PAGE



**National Institute of Allergy and Infectious Diseases (NIAID)**

Seven scientists from Afrigen Biologics and Vaccines in South Africa recently spent two weeks in Maryland training with NIAID Vaccine Research Center counterparts on how to make mRNA vaccines. The visit was a key milestone in an ongoing collaboration to share knowledge, expertise, and data to expedite mRNA vaccine production globally. <https://go.nih.gov/F4xirtQ>.

**Figure 9**

National Institute of Allergy and Infectious Diseases (NIAID)



It was posted on June 22, 2022 as

‘Ms. Stacy Deckard, Regional Medical Laboratory Scientist from the US Department of States, visited the Pathology Laboratory of (SKMCH&RC), Lahore. She appreciated the Hospital's efforts for managing state-of-the-art laboratory services and maintaining a steady supply of blood for cancer patients, especially throughout the Covid-19 pandemic.’

**Figure 10**

Posted on June 22, 2022 (SKMCH&RC).



Posted on June 27, 2021 (SKMCH&RC) posted as ‘Humans of Shaukat Khanum: ‘Cancer came to threaten my life, but ended up making me stronger than before.’ – Beenish (Cancer Survivor, SKMCH&RC) Beenish is a twenty-eight year old mother who lives in Jhang. She is blessed to have a little daughter with whom she spends most of her time, as her husband is currently employed overseas where he works extra hours to earn a living for his family back home. Beenish holds a double master’s degree in English and she wanted to become a teacher to shoulder the financial burden with her husband. However, in July 2019, she started having symptoms of what would later be diagnosed as cancer. For over five months, she endured painful symptoms such as coughing, lung infection, and breathing problems, but each time she went to a local doctor to find answers, she was told not to take it seriously. It was only after a CT scan that she came to know about the possibility of cancer growing inside her body. She was terrified. She did not have the courage to fight cancer alone, nor did she have sufficient financial resources to afford the expensive treatment. However, her confidence was restored

when she interacted with a comforting team of oncologists. The problem of affordability also vanished as her treatment expenses were to be covered by the Hospital itself.

Remember patients like Beenish who visit our Hospitals in the hope of getting the chance to live.  
#Humans Of Shaukat Khanum # Donate ToSKMCH  
#CancerIsCurable #SKMCH #Life

### Figure 11

By Beenish



Posted on June 5, 2020

as Coronavirus is an irresistible sickness that principally goes after the lungs. Smoking hinders lung capability making it harder for the body to ward off Covids and different infections. Tobacco is likewise a significant gamble factor for non transmittable sicknesses like cardiovascular infection, malignant growth, respiratory sickness and diabetes which put individuals with these circumstances at higher gamble for creating extreme disease when impacted by Coronavirus. Accessible examination proposes that smokers are at higher gamble of creating extreme sickness and passing. Try not to allow tobacco to annihilate your life. Quit involving tobacco in its all structures.

### Figure 12

Posted on June 5, 2020



Posted on April 12, 2020 as,' SHAUKAT KHANUM Covid Allure

Your zakat and gift prepares us to battle Covid.  
<https://bit.ly/SKMCHZakat2020>



- Set-up of Shaukat Khanum Camp Coronavirus
- Free testing office at Shaukat Khanum Clinic, Lahore for those patients who satisfy the clinical standards
- Preparing of medical care experts and other medical care suppliers
- Making of 35 had relations with Emergency unit ventilator support
- Commitment of two Ongoing Units of 54 beds as the Coronavirus Ward.'

They have responded to the call of battling on the two fronts simply because of the conviction that you will uphold us in this mission too. Give liberally so we can save valuable existences of both Malignant growth and Covid patients. For details visit <https://shaukatkhanum.org.pk/covid-19-sponsorship-catalogue/>  
#SKMCHFightingOn2Fronts # COVID CampAtSKMCH #SKMCH #Coronavirus #Corona VirusUpdates #CoronavirusOutbreak #COVID19.

Figure 13  
Covid fight



## CONCLUSION

Malignant cancer growth can be convoluted and confounding to comprehend. Assuming that you or a friend or family member have been determined to have disease, you might find that studying it can assist with facilitating a portion of your concerns and set you up for treatment or following stages. Regardless of whether you haven't been by and by impacted by malignant growth, knowing about it can assist you with supporting a friend or family member through their disease process and better comprehend what they're going through.

Malignant cancer growth can be convoluted and confounding to comprehend. Assuming that any person have been determined to have disease, you might find that studying it can assist with facilitating a portion of your concerns and set you up for treatment or following stages. Regardless of whether you haven't been by and by impacted by malignant growth, knowing about it can assist you with supporting a friend or family member through their disease process and better comprehend what they're going through.

## RECOMMENDATIONS

Be away from Causes of cancer as

- smoking tobacco
- not shielding yourself from the sun
- having overabundance body weight
- not having a sound eating regimen
- not getting sufficient actual work
- drinking liquor
- coming into contact with hurtful synthetic compounds at home or at work

having particular kinds of diseases

Symptoms of cancer may be,

- a new or uncommon development, knot or expanding anyplace on body
- an irritated that doesn't recuperate
- an adjustment of the shape, size or shade of a mole or mole
- blood in pee (pee), crap (stool) or mucus
- any uncommon draining or release from your areola or vagina
- any adjustment of bladder propensities, like finding it hard to pee (pee) or agony when pee.
- any adjustment of inside propensities, for example, going crap all the more frequently with looser crap (the runs) or finding it hard to crap (stoppage), that endures in excess of half a month a pestering hack, raspiness or a croaky voice
- acid reflux or issues gulping.
- Weight reduction, fever, sluggishness, throbs or torments that can't make sense.

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